iCann Lacrosse Staff

ATL September 9th and 10th

Kara Cannizzaro

Kara is the founder of iCann Lacrosse, sponsored by Nike, and a 2016 member of the Boston Strom professional team.

2013

- Nike endorsed Athlete
- Nominated for ESPYS: Best female collegiate athlete, First ever women's lacrosse player
- Honda Award winner for Lacrosse
- Athletic Student Director Scholar Athlete
- Tewaaraton Finalist
- First team All-American First team all-south by IWLCA
- All-ACC tournament team
- All-ACC team
- ACC Offensive player of the week- 3 times
- Patterson Medal award winner (Best Female athlete at Carolina for 2013)
- Holds Carolina record for points in a single season: 83
- Second in Carolina in history for single season goals: 61

<u>2012</u>

- Member of the US Senior national team
- All-ACC Team
- All-ACC Tournament
- ACC Offensive Player of the Week -1 time
- Second-team All-America honors from SynapseSports.com
- Named third-team All-America IWLCA
- Second-team All-South by the IWLCA
- One of 25 midseason candidates for the Tewaaraton Award

<u>2011</u>

• Second-team All-South by the IWLCA

2010

- All-ACC Academic Women's Lacrosse Team
- ACC Academic Honor Roll
- Dean's List

Sydney Holman

Attend UNC 2014-2017 First-team All-South choice and third-team All-America (2014) ACC & National Rookie of the Year (2014) Team leader in assists (2014, 2015) Regular on the ACC Academic Honor Roll

• Sloane Serpe

Attended UNC 2010-2014 Team STX member Member of the semi-pro Long Island Sound 2014-2016 US team member 2013 National Champion- UNC UNC Team Captain 2013 and 2014 2011-2014 IWLCA All American

• Caileigh Sindall

Attended UNC 2011-2015 4-year defensive starter 2015 UNC Unsung Hero award. 2013 National Championship 2013 UNC Team Perseverance Award Led the Tar Heels in caused turnovers 2014 and 2015 2011 member of the USA U-19 team 2011 World Champion, selected to the All-World team Good Counsel HS and won 4 conference championships Hold the record at Good Counsel HS for most ground balls and caused turnovers.

<u>Caylee Waters</u>

Attended UNC 2014- 2017 2016 and 2017 Captain 2017 Leadership of Distinction and co-recipient of the Kellie Thompson Shiley award 2016 National Champions 2016 and 2017 ACC Champions 2016 Unsung hero recipient 2-time Goalie of the year and All-American 2014-2016 Member of the U.S women's senior national lacrosse team 4-timeAll-ACC team 3-time ACC honor roll student-athlete